

Date: August 1, 2019

Invitation to attend

A Small talk on

"EFFECT OF YOGA AND RIGHT DIET ON MIND AND SOUL"

by Dr Ritu Kashyap

Date : 26th August
Time : 4:00 PM onwards
Venue : Lecture Hall- 1

All are cordially invited to attend a small talk on "EFFECT OF YOGA AND RIGHT DIET ON MIND AND SOUL" by Dr Ritu Kashyap as per above schedule.

She has gained a formal PG degree in food and nutrition from California University, USA. She is specialist in Thyroid and Weight Management. She has worldwide clients suffering from various different ailments like Diabetes, Hypertension, Skin and Hair problems etc. She is a health coach, wellness and yoga coach at Riitu Kashyap's wellness clinic.

All shall attend and take benefit.

G.K. Kashyap
01-8-19

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GAIMS, Bhuj

Copy to:

1. All Teaching and non-teaching staff of College and Hospital
2. All UG and PG Students