

**Gujarat Adani Institute of Medical sciences, Bhuj  
Foundation Course Time Table**

Week 1								Week 2									
From	To	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12				
09:00	10:00	Campus-A global Village  Hostel allocation College & Hospital visit	Welcome speech by Dean and MD Ice breaking (All 4 HODs)	Being a Medical Student Keen Observation is key to success	Introduction to Medical ethics	Academic Ambience	Immunisation requirements of health care professionals	Inter-personal relationship	Proper hand washing technique (Infections Control Nurse)	Biomedical waste management	Student's involvement in Research ICMR, STS	Self-Directed Learning	Field visit to PHC/ CHC				
10:00	11:00		Introduction to Library/ IT/ Academics Departments	Professional qualities and roles of a physician	Commitment to lifelong learning as an important part of physician's growth	Introduction to alternate health care systems & History of medicine	Introduction to research		Documentation and medical records		Universal precautions						
11:00	12:00		Introduction to 4 (1st year) departments Anatomy: 11:00 to 11:30 Physiology: 11:30 to 12:00 Biochemistry: 12:00 to 12:30 P & SM: 12:30 to 13:00	Expectations of physician from society and Peers	Physician's role and responsibility to society and community	Mentorship program at our institute	Sports Kho-Kho	Language English Language	Language English Language	Language English Language	Language English Language	Language English Language	Sports Basketball				
12:00	01:00		Gender sensitivity in medical profession	Expectations of society and patients from doctors													
01:00	02:00	<b>LUNCH BREAK</b>								<b>LUNCH BREAK</b>							
02:00	03:00	Auditorium function (White coat ceremony)	Introduction to the MBBS Program	LUNCH BREAK Health care delivery system in India	National Health Programs	Biosafety/ Needle prick injuries	Computer skills, Fundamentals of computer, computer settings, typing practice in typing tutor software	Computer skills, Introduction to MS Office and MS Word, MS Excel and MS PowerPoint	Learning pedagogy	Computer Skills MS Word	Learning strategies	Sports Tug of War					
03:00	04:00		Group dynamics	Introduction to extracurricular activities (ECA)	Time and Stress management	Sports Indoor games			ECA Debate								
04:00	05:00																

**Gujarat Adani Institute of Medical sciences, Bhuj**  
**Foundation Course Time Table**

Week 3								Week 4						
From	To	Day 13	Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	
09:00	10:00	Basic Life Support and first aid training	Basic Life Support and first aid training	Cadaveric Ceremony	Concept of professionalism Consequences of unethical & unprofessional behaviour	Learning from patients and other members of health care team	Field visit to PHC/ CHC	Value of integrity, honesty and respect in medical profession	Animal Ethics	Professional behaviour	How to behave with your superiors	Importance of attendance	Field visit to PHC/ CHC	
10:00	11:00				Team work in medical profession	Communication with patients and families (Role Plays)		Introduction to IEC of our institute			Rights of a doctor and MCI etiquettes	Experience sharing by seniors. How do they learn?		
11:00	12:00				Obtaining patient consent	Anti-ragging guidelines & introduction to anti-ragging committee of our institute	Maintaining confidentiality	Privileged communication in medical ethics	Personal Grooming-Self care					
12:00	01:00				Sports Cricket			What it means to be a medical student	Book Exhibition					
01:00	02:00	<b>LUNCH BREAK</b>						<b>LUNCH BREAK</b>						
02:00	03:00	Computer Skills, MS Word	Computer Skills, MS Excel	Community based learning	Computer Skills, MS Excel	Peer assisted learning		Computer Skills, MS PowerPoint	Computer Skills, MS PowerPoint	Online learning (e-learning)	Computer Skills' Revision	Group learning		
03:00	04:00			ECA Painting		Sports Kabaddi				ECA, Elocution		Sports Group activities, dance, music and skit		
04:00	05:00													

**Gujarat Adani Institute of Medical sciences, Bhuj  
Foundation Course Time Table**

Week 5				
From	To	Day 25	Day 26	Day 27
09:00	10:00	Role modelling Sh Gautam Bhai Adani (Adani Foundation)	Special talk by Sh Gadhavi	Reflective writing
10:00	11:00	The mega structure – Mundra port	The secret of life (Video clip)	
11:00	12:00	Inspirational / Motivational Talk	Maintaining a diary and portfolio management	Concluding remarks by dean
12:00	01:00			
01:00	02:00	<b>LUNCH BREAK</b>		
02:00	03:00	Computer skills Test	Assessment driven learning	Open house and Feedback of foundation course
03:00	04:00		Simulation based learning	
04:00	05:00			

\* The Foundation Course will have compulsory 75% attendance. This will be certified by the Dean of the college.  
\* The time committed for the Foundation Course may not be used for any other curricular activity.  
\* Evaluation (Process & Product): Program effectiveness questionnaire from faculty and students & reflections from the students

Foundation course time table at a glance				
Sr. No.	Subject/content	Hours (NMC)	Hours (Actual)	Remarks
1	Orientation	30	30	Conducted in 1 <sup>st</sup> week of foundation course
2	Skills Module	35	35	First Aid, BLS, Learning skill, communication skill, Bio safety and bio hazards
3	Field visit to community health centre	8	8	Visit to Primary/Community Health centres
4	Professional Development including ethics	40	42	AETCOM - Cadaveric ceremony,
				Introduction to Research
5	Sports and Extracurricular activities	22	14 - Sports	2 Hrs ECA and 4 Hrs SA per week for 4 weeks
			08 – ECA	(Last two Hrs of Wed, Fri, Sat)
6	Enhancement of language/ computer skills	40	40	To be outsourced (Saksham – CCC/CCC+)
Total Hours		175	177	